



BIRMINGHAM  
NEUROSURGERY  
& SPINE GROUP PC

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WILLIAM C. WOODALL, III, MD | E. CARTER MORRIS, III, MD | SAMUEL R. BOWEN II, MD | BENJAMIN BANKS FULMER, MD

## ST. VINCENT'S NEUROSURGERY CENTER NORTH TOWER

### Pre-Operative Instructions

**Arrival Time:** On the afternoon of the business day before your procedure you will be contacted by a staff member of the surgery center. At that time the staff member will gather demographic information and give you an arrival time. You will also be contacted either that afternoon or early evening by the anesthesiologist to discuss your medical history. They will discuss with you what regular medications you should take for the morning of your procedure. The arrival time will be approximately 1-1/2 hours prior to the scheduled surgery time. Please arrive promptly.

**Pre-op Instructions:** Do not have ANYTHING to eat or drink after midnight the night before your procedure. This includes water, gum, mints, or candy.

**What to Bring:** Be sure to bring a driver to take you home after the procedure. You will also need to bring any medications you are currently taking, your driver's license and insurance card(s), and comfortable clothing to wear home. You will need to bring your deductible and/or co-insurance payment with you to the surgery center.

**What not to Bring:** Do not bring any valuables, including jewelry of any kind. Do not wear contact lenses on the morning of your surgery. Waiting room space is limited, so please limit family and friends accompanying you to 2 people.

**Blood Thinners:** You may be asked to temporarily discontinue medications of this kind.

**Directions:** The Neurosciences Surgery Center is located on the 7th floor of the North Tower at St. Vincent's Hospital. Upon entering the campus, turn right beside the fountain into the parking deck for the North Tower. Phone # 205-558-3636

We are at your service. If you have any questions or concerns, feel free to contact our office by calling 205-986-5200.